

# EXPIRATION GUIDELINES

DRY GOODS	
Baking powder	6 months
Baking soda	18 months
Beans, dried	12 months
Biscuit or pancake mix	15 months
Boxed dinners	36 months
Cake, bread, brownie and cookie mixes	18 months
Cereal, cook before eating or ready-to-eat	12 months
Chocolate, chocolate syrup	24 months
Cocoa and cocoa mixes	Indefinitely
Coffee, instant, jars and tins	12 months
non-vacuum bag grounds, in cans	24 months
Cookies, rice snacks	2 months
Crackers	8 months
Croutons	2 months
Drink mix	6 months
Dry soup	12 months
Energy bars, snacks	12 months
Flour, white	12 months
whole wheat	1 month
Frosting, canned mixes	10 months 12 months
Fruits, dried	6 months
Gelatin, flavored	18 months
unflavored	3 years
Herbs, dried	24 months
Jerky, commercially dried	12 months
Marshmallows, marshmallow cream	4 months
Nuts, jars or cans	12 months
Pasta, dry	24 months
Popcorn, microwave packets	12 months
popped popcorn	3 months
Potato chips, pretzels, taco shells	2 months
Potatoes, instant	12 months
Pouches, tuna and chicken	24 months
Pudding mixes	12 months
Rice, brown	12 months
flavored or herb mixes	6 months
white or wild	24 months
Shortening, solid	8 months
Snack cakes	2 months
Spices	24 months
Stuffing	12 months
Sugar, brown	4 months
confectioners	18 months
granulated or sugar substitutes	24 months

DRY GOODS (CONTINUED)	
Syrup	12 months
Tea, bags	18 months
Toaster pastries, fruit filled	6 months
non-fruit fillings	9 months
Vinegar	24 months

CANNED or JARRED GOODS	
Barbecue sauce, soy sauce, marinades, bottled	12 months
Canned goods, high acid such as fruit, juices, pickles, sauerkraut, tomatoes, tomato soup, foods in vinegar-based sauce	18 months
Canned goods, low acid such as beans, carrots, corn, fish, gravy, meat, pasta, peas, potatoes, poultry, soups, spinach, stew	5 years
Gravy, dry mix	2 years
jars and cans	5 years
Honey	12 months
Horseradish, in jar	12 months
Jams, jellies, preserves	12 months
Ketchup, cocktail or chili sauce	12 months
Mayonnaise	3 months
Milk, canned evaporated	12 months
Mustard	12 months
Oils, nut, olive or vegetable	6 months
vegetable oil sprays	24 months
Olives, black and green	18 months
Peanut butter	9 months
Pickles	12 months
Salad dressings, bottled and pouch	12 months
Salsa, picante and taco sauces	12 months
Sauce, creamy, milk solids	12 months
mixes, nondairy, such as spaghetti and taco	18 months

BEVERAGES	
Energy drinks	6 months
Juice, bottles or cans	18 months
boxes	6 months
Nutritional drinks	6 months
Soda, tea, diet, bottles or cans	3 months
regular, bottles	3 months
regular, cans	9 months
Soy or rice beverage, shelf stable	3 months
Sports drinks	9 months

Discard all items without an expiration date or ingredients. Discard all expired baby products.