

From the PRESIDENT & BOARD CHAIR

Dear Friends of the Food Bank,

Food Bank for the Heartland—and those we serve—have faced immense challenges over the past twelve months. As we grapple with the significant increase in demand, we continue to push forward, thanks to dedicated community support. Though the road has been filled with uncertainty, we've met these struggles together with tenacity and compassion, which are trademark characteristics of the wonderful place we call home: the Heartland.

In FY 2022, the Food Bank distributed more than 26.6 million meals across Nebraska and western lowa through your support. While this is a testament to the tremendous need, it also serves as proof of what can be accomplished through your generosity.

For 40 years and counting, our volunteers, donors, partners, staff, and board, have continued the passionate fight for equitable and consistent access to healthy food. And it's because of you, that we remain hopeful for the families and individuals who desperately need our assistance.

This 2022 Annual Report demonstrates the positive impact you're making for those facing unthinkable decisions every day. On behalf of everyone we serve, THANK YOU for changing lives across the Heartland.

Brian BarksPresident & CEO

Bri Barte

Chad WernerChair of the Board

Chad J Werner

MISSION

To eliminate hunger in the Heartland by ensuring consistent access to healthy foods through community partnerships.



VALUES

In everything we do, we serve with respect, integrity and urgency.





Our mission in action: HEARTLAND NEIGHBOR SPOTLIGHT



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I hadn't visited a pantry before, but I needed to do it to help my family. There is nothing to feel embarrassed about. This place is a blessing.

Meet Fany

In FY 2022, Food Bank for the Heartland distributed an average of more than 2.2 million meals each month, through our Network Partners, to thousands of neighbors experiencing food insecurity across Nebraska and western lowa. We sat down with one of those neighbors at a Food Bank partner pantry in Omaha, Nebraska.

We met Fany—a mom of three small children—on a hot summer morning. She was one of nearly 60 people waiting for her name to be called in the lobby. Fany told us this was only her second time visiting the pantry. Current economic hardships left her with little choice. "A friend from church told me to come here. I'm a stay-at-home mom so we're on one income. Inflation has made it so hard. I tried to buy the cheapest stuff but still needed more help."

Fany says the pantry has been a lifesaver for her family. As a mom, it gives her peace of mind knowing her children receive the nutrients they need. For those needing help, Fany said there's no need to feel ashamed of seeking help. "It's so nice to have this kind of place that can help you. The kids want everything, and they give us so much stuff for them. And if they're happy, I'm happy."

Even though Fany and her family need more assistance these days to help mitigate rising costs, she wants to ensure other families struggling with hunger have access to nutritious food. "I only plan to come here twice a month. I want to give other people the opportunity to get help, who need it more than I do."

This show of kindness, coming from a mom struggling to make ends meet while making sure other moms in her place receive the same blessings, is a testament to the resilience and compassion of those in the communities we serve, and an incredible part of our 40-year legacy.

40 FACES

of

40 YEARS

Fany's story is featured as part of Food Bank for the Heartland's 40 Faces of 40 Years series. November 4, 2021 marked our 40th anniversary of nourishing neighbors together. Throughout the year, we featured individuals who represent our mission and legacy.

Visit FoodBankHeartland.org or scan the QR code to learn more.



Community impact BY THE NUMBERS



1,629,387 INDIVIDUALS

served across the Heartland. In our service area, **1 in 10** people is facing food insecurity, including **1 in 7** children, **1 in 5** Hispanic individuals and **1 in 3** Black individuals.



32,031,032 POUNDS OF FOOD

distributed to neighbors in need. That includes **9,361,767** pounds of fresh produce.



26,692,526 MEALS

distributed across 93 counties in Nebraska and western lowa.



1,366,606 CHILDREN'S MEALS

provided through the BackPack, Kids Café After School, and Kids Café Summer Feeding Programs.



\$8,658,925

spent to purchase food for our neighbors in need.



544 NETWORK PARTNERS

—including pantries, mobile pantries, schools, churches, emergency shelters and other non-profit organizations—to which the Food Bank distributes food.



376 MOBILE PANTRIES

distributed 3,221,945 meals.



298,466 MILES

driven by the food bank fleet, covering our **78,000**-square-mile service area.



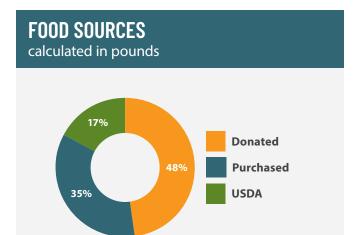
32,943 VOLUNTEER HOURS

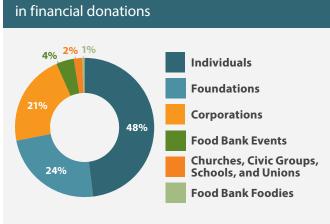
donated by individuals, corporations, and civic groups. That's the equivalent of nearly **16** full-time employees.



20,794 SNAP APPLICATIONS

submitted through our SNAP Outreach team.





\$11.2 MILLION



Food Bank for the Heartland STATEMENT OF FINANCIAL POSITION

JULY 1, 2021 TO JUNE 30, 2022 (Unaudited Financials)

Assets

CURRENT ASSETS	2022	2021
Cash and Cash Equivalents	\$7,073,583	\$11,886,069
Accounts Receivable	\$537,349	\$358,179
Unconditional Promise to Give	\$270,000	\$149,340
Prepaid Expenses	\$58,596	\$37,990
Food Inventory	\$954,553	\$1,455,892
Investments	\$2,700,454	\$2,948,795
TOTAL CURRENT ASSETS	\$11,594,535	\$16,836,265
NONCURRENT ASSETS	2022	2021
Fixed Assets, Net of Depreciation	\$6,417,630	\$6,354,958
Other Long-Term Assets	\$0	\$32,986
TOTAL NONCURRENT ASSETS	\$6,417,630	\$6,387,944
TOTAL ASSETS	\$18,012,165	\$23,224,209

Liabilities and Net Assets

CURRENT LIABILITIES	2022	2021
Accounts Payable and Accrued Expenses	\$987,385	\$1,400,166
Other Current Liabilities	\$118,493	\$465,312
TOTAL CURRENT LIABILITIES	\$1,105,878	\$1,865,478
LONG-TERM LIABILITIES	2022	2021
Operating Leases	\$144,748	\$96,163
TOTAL LONG-TERM LIABILITIES	\$144,748	\$96,163
TOTAL LIABILITIES	\$1,250,626	\$1,961,641
TOTAL LIABILITIES NET ASSETS	\$1,250,626 2022	\$1,961,641 2021
NET ASSETS	2022	2021
NET ASSETS Without Donor Restriction	2022 \$16,241,977	2021 \$20,375,297

FY 2022
SUMMARY STATEMENT
OF ACTIVITIES
(Accrual Basis)

SUPPORT		EXPENSES	
Donated Food	\$25,854,604	Program	(\$48,277,010)
Financial and In-Kind Donations	\$11,348,185	Administration	(\$908,322)
USDA Commodities	\$5,832,184	Fundraising	(\$1,058,929)
Government Support	\$2,682,546	Change in Net Assets	(\$4,501,029)
Other Revenue	\$25,713	Beginning Net Assets	\$21,262,568
TOTAL SUPPORT	\$45,743,232	ENDING NET ASSETS	\$16,761,539

Food Bank for the Heartland PROGRAMS

Food Bank for the Heartland works with 544 Network Partners, including pantries, mobile pantries, schools, churches, emergency shelters, and other non-profit organizations to ensure consistent access to nutritious food. In FY 2022, we distributed more than 26.6 million meals across our service area. Our Network Partners play an integral role in our communities to assist those struggling with food insecurity throughout the Heartland.



1 in 7 children in the Food Bank's 93-county service area is at-risk for hunger. The BackPack Program, a partnership with area schools, offers packs of weekend breakfasts and lunches to children. Each week during the school year, 8,381 packs—equaling 33,524 meals—of easy-to-prepare or ready-to-eat nutritious food are distributed to children in 253 schools across 112 school districts in Nebraska and western lowa. In total, 1,273,912 meals were distributed to children during the 2021–2022 school year through this program. Each BackPack is assembled by Food Bank volunteers using food purchased by the Food Bank.



The Mobile Pantry Program delivers fresh and shelf-stable food directly to communities with a high need but limited food resources. These one-day, drive-through distribution events are free to attend. Community packs include various shelf-stable items. Along with community packs, other items distributed can include assorted produce, bread, and dairy products. In FY 2022, the Food Bank hosted **376 mobile pantry events** in **48 counties**, distributing more than **3.2 million meals** and helping **64,435 Heartland households**.



Kids Café is one of the nation's largest free-meal service programs for children—serving meals to kids in partnership with organizations that offer a safe environment after school and during the summer months. The Food Bank provided a total of **29,464 meals** during the FY 2022 program year. We provided an average of **1,580 meals** each week to **13 sites** around the Omaha metro area as part of the Kids Café After School Program, and an additional **2,546 meals** each week to **7 sites** during the Kids Café Summer Feeding Program.



Food Bank for the Heartland's SNAP (Supplemental Nutrition Assistance Program) Outreach team helps families and individuals navigate the application process, understand program benefits, and access additional community resources. As an equal-opportunity provider, our team helped submit **8,645 applications in Nebraska** and **12,149 applications in lowa** in FY 2022. The Food Research & Action Center (FRAC) estimates that **\$1 in SNAP benefits** generates **\$1.79 in economic activity** at local retailers.

Together, we're MAKING A DIFFERENCE

Economic hardships over the past year—including skyrocketing costs of food, fuel, and rent, have greatly affected our neighbors—increasing levels of anxiety and stress for thousands across the Heartland. During these unprecedented times, our communities have demonstrated strength and versatility, proving that when we work collectively towards the same goal, great things can be accomplished. These dedicated advocates, volunteers, and donors are living out the Food Bank's mission every day, filling hearts with hope and tables with nutritious food.



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No one knows what tomorrow holds. You never know what's going on in someone's home or what they're coping with, and it's why you can never pass judgment.

BARBARA

Volunteer with Mills County Storehouse Pantry in Glenwood, lowa for more than twenty years.



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You can be financially stable—but in one day everything can change. I want families to feel comfortable coming here to get the help they need. We're here for everyone.

JANELL (pictured at the far right)
Executive Director of Madison Food Pantry in Madison, Nebraska for the past eight years.



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I started volunteering at the Food Bank and was amazed at how many kids we helped after just one shift. I went back to my parents and said, 'What if we did a fundraiser at my school to raise money for the Food Bank?'

SOPHIA

Spearheaded an annual BackPack Program fundraising competition at her middle school.



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I know that at this point in my life, this is what I've been called to do. I have so much fun here. I intend to keep volunteering as much as I can for as long as I can.

ALAN

Longtime Food Bank volunteer. Donated the most hours of any volunteer in FY 2022, totaling 310 hours and 124 shifts.

How food banking works at Food Bank for the Heartland







Individuals, businesses, foundations, governments, and other organizations donate food, funds, and volunteer time. The Food Bank also purchases food to meet the high need.

----- FOOD BANK ------



The Food Bank collects, stores, and prepares food for distribution to 544 Network Partners in 93 counties across Nebraska and western Iowa.

NETWORK PARTNERS



The Food Bank distributes food to pantries, shelters, meal providers, mobile pantries, and child nutrition programs.

THOSE WHO NEED FOOD



Children, families, seniors, and veterans receive critical nutrition that helps them thrive.

Food Bank for the Heartland BOARD OF DIRECTORS

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Denise McCauley, Chair Emeritus WoodmenLife

Steve Wallace, Chair-Elect PayPal

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FoodBankHeartland.org







10525 J Street, Omaha, NE 68127 | 402.331.1213