



Good Life. Great Mission.

DEPT. OF HEALTH AND HUMAN SERVICES

Waaxda Caafimaadka iyo Adeegyada Bani

adamka

Qaybta Caruurta iyo Adeegyada Qoyska

**Barnaamijka Kaalmada Cuntada Deg-dega ah.**

(TEFAP) Ku haboonaanta inaad cuntada u qaadato

Guriga

Aniga, oo ah qofka hoos ku saxeezan, waxaan ku raacay inaan magdhabo wax khatar ahna aanan ku samayn waaxdan iyo Gobolka Nebraska, waaxahooda, saraakiishooda, qaybahooda, shaqaalaha, mid ka mida ama dhamaanba, dalabaadka, qiimaha qasaaraha, kharashaadka, ficilada, iyo sababaha ficilada ka baxsan xeer ama dhacdo kasta oo la xidhiidha soo saarista iyo aqbalista agabyada cuntooyinka ay USDA ku deeqdo.

Waxaan cadaynayaa in korodhka dakhliga xaafadayda ee wakhtigani uu la mid yahay amaba ka hooseeyo xaddiga dakhliga billaha ah ee wakhti xaadirkan, ama in aan ka qayb ahay mid ka mid ah kuwan soo socda: SNAP, ADC, Kabka Gobolka, (AABD), Tamarta, Dawooyinka oo kaliya, Curyaanka gobolka, ama barnaamij qaxoonti.

Tirada Qoyska	Dakhliga Bishii ee Wakhtixaa dirkan	Tirada Qoyska	Dakhliga Billaha ee wakhtixaad irkan	Mid kasta oo ah xubin dheeraad ku ah Qoyska
1	\$1,932	5	\$4,656	<b>Ku dar \$681</b>
2	\$2,613	6	\$5,337	
3	\$3,294	7	\$6,018	
4	\$3,975	8	\$6,699	

Saxeexa	Cinwaanka	Tirada. Qoyska	Bisha	Sannadka

FDP-105 Rev. 03/11/21(54004)



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4	\$3,975	8	\$5,113	

**Machadkani waa bixiye loo wada siman yahay**

Saxeexa	Cinwaanka	Tirada. Qoyska	Bisha	Sannadka

FDP-105 Rev. 03/11/21(54004)

Iyadoo loo eegayo sharciga xuquuqda shacbiga fadaraalka ee Maraykanka. Waaxda Beeraha (USDA) xuquuqda iyo shuruucda shacbiga iyo siyaasadaha, USDA, iyo waaxaheeda, xafiisyadeeda, iyo shaqaalaha, iyo mac-hadyada ka qayb qaadanaya ama maamulaya barnaamijka USDA, waxa ka reeban inay ku kala soocan dadka qolada, midabka, dhalashadiisa rasmiga ah, awood daro jinsiyadeed, da'da, ama aargudasho la xidhiidha arrimo xuquuq bulsho oo hore midnaba barnaamijyada ama hawlaha ay hogaamiso ama maalgaliso USDA.

Dadka curyaamiinta ah ee u baahan nidaam kale oo isgaadhsiineed oo xogta barnaamijka ah (sida. Farta indhoolaha, qoraal waawayn, cajalad dhagaysi ah, luuqada faraha ee Maraykanka, IWM.), waa inuu la xidhiidhaa waaxda (gobolka ama gudaha) halkaasoo ay codsadaan Caawimo. Dadka dhagaha la', ama dirqi wax ku maqla ama aan hadalka Karin waxay la soo xidhiidhi karaan USDA iyagoo soo marinaya Adeega tabinta Fadaraalka tilfoonkani (800) 877-8339. Waxa intaa raaca, xogta barnaamijka waxa laga yaabaa in lagu heli karo luuqado kale oo aan English ahayn.

Si aad u bilowdo barnaamij cabasho ama faquuq, dhamaystir foomka cabashada iyo faquuqa ee USDA, (AD-3027) oo aad ka heli karto online-ka halkani: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf> xafiis kasta oo USDA ah, ama qor warqad lagu socodsiiyayo USDA kuna xus warqada dhamaan xogta lagaaga codsaday foomka dhexdiisa. Si aad u codsato koobi foomka cabashada ah, garaac (866) 632-9992. U soo gudbi foomkaaga oo dhamaystiran ama warqada USDA (1) waraaq ahaan, kuna hagaaji waaxda Beeraha ee Maraykanka, ama xafiiska gacanyaraha xog-hanta ee xuquuqda shacabka, ee jidka 1400 independence, SW, Washington, D.C. 20250-9410; (2) ku dir Faakis: (202) 690-7442; ama (3) ku dir iimaylkani: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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