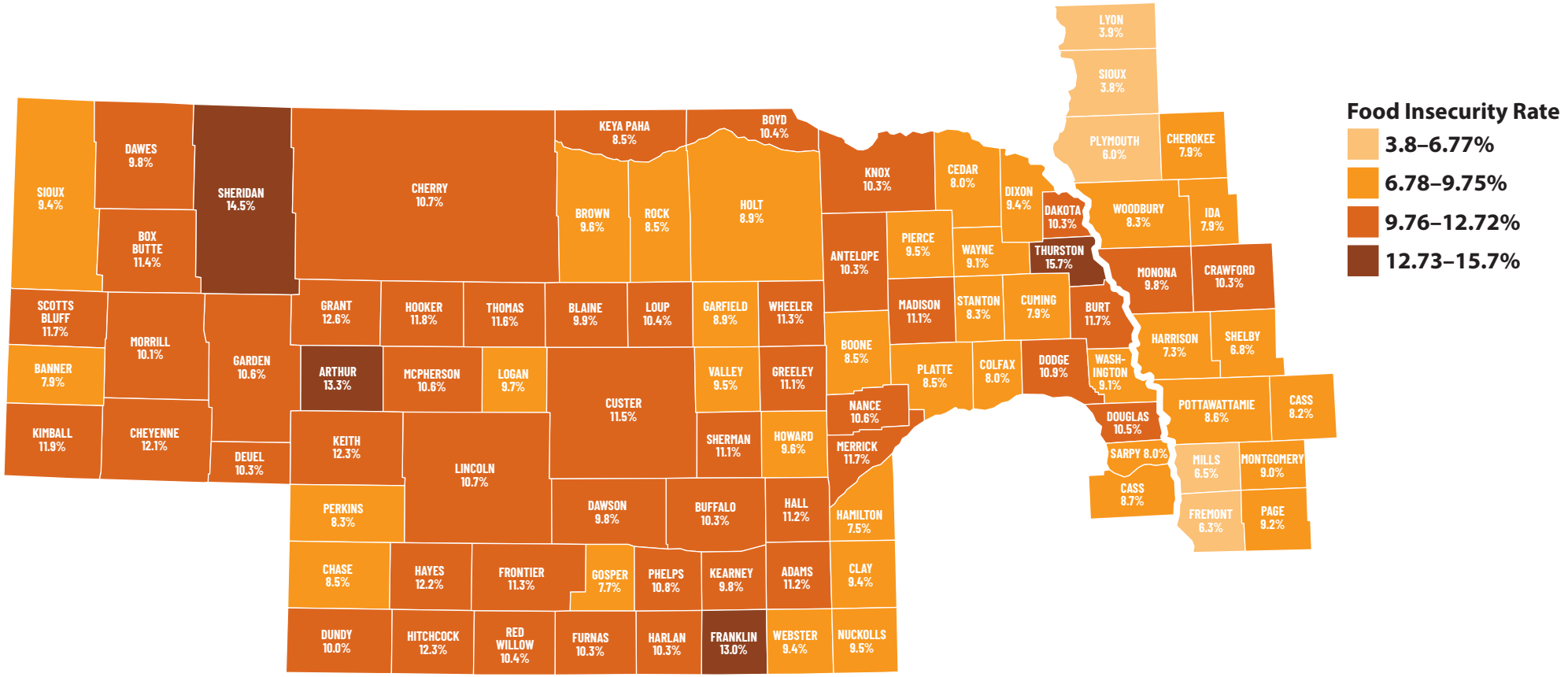Nebraska and western Iowa counties served by Food Bank for the Heartland